

Online Safety 101

Learning Objectives

- I can explain ways to stay safe online.

Teacher Notes

- Teacher Talking Points:
 - Obstacle #1: Running home to get onto the computer.
 - Obstacle #2: Surfing the web responsibly
 - Obstacle #3: Navigating the web responsibly through tough situations
 - Obstacle #4: Keep a low profile while on the internet. Don't share too much information.
 - Obstacle #5: Jumping over obstacles you encounter online
 - Obstacle #6: Using support if you don't feel safe while online
 - Obstacle #7: Jump to remind yourself to trust your judgement
 - Obstacle #8: Shoot to stay sharp and look out for suspicious activity
 - Obstacle #9: Use your feet to show how to type safe messages
 - Obstacle #10: Run to your parents if anything makes you feel uncomfortable

Lesson Steps: Video Outline [3.3k Video](#)

Step 1 Introduction

The students will answer the questions presented on the Google slides. The teacher will facilitate a discussion intended to activate prior knowledge about safety rules at home and in the car.

- Why do we need to be worried about our safety while we're online?
- Do you know how to stay safe online?

Step 2 Activity

- The teacher will go through the teaching slides in order to review the SOL content. After, the students will show what they know by completing the learning activity. The learning activity consists of the students completing the obstacle course as outlined in the slides.

Step 3 Closure

- The students will complete an Exit Ticket showing what they've learned about being safe at home and in the car.

Assessments

- Pre-assessment: The students will answer questions presented on the Google slides.



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- Post-assessment: The students will complete the “Text It Out” activity with a buddy, answering the following questions to show what they’ve learned.
 - 1) Why is it important to always ask your parents permission before going online?
 - 2) Why should you trust your instincts when you’re online?
 - 3) Why is it important to limit what you share online?

Extensions/Connections/Applications

- The students will use what they’ve learned today about internet safety while at home and will discuss what they’ve learned with their parents.

Resources/References

- https://www.doe.virginia.gov/testing/sol/standards_docs/health/index.shtml